ALBANY TRAIL RUN & XMAS AFTER PARTY

Rules & Event Information

Saturday 28 November 2026 · Albany Sports Club, Makhanda

1. Registration

- Online entries: https://gtowntrails.co.za/events/albany-xmas-trail-run
- Registration closes the night before the race.
- Check-in opens at 16:15 at Albany Sports Club. Your phone is your race pass — self check-in, no paper numbers. Bring it charged.

2. Race Briefing

- A compulsory race briefing takes place at 16:45 (15 minutes before the start).
- Please listen carefully for any route changes or safety announcements.

3. Start & Finish

- The run starts at 17:00 and finishes at Albany Sports Club, Florence Street — on the main field.
- Please line up behind the start line and follow the instructions of the race officials.

4. Route

- One marked trail of about 6.5 km. Singletrack and jeep track, a short climb then a long downhill. It uses the trails around Graeme College and Craddock Heights, and a stretch along the railway line.
- The route will be clearly marked, with marshals where required.
- Stay on the marked course at all times.
- Respect private property and leave gates as you find them.
- No littering — please use the bins provided at the finish.

5. Safety

- Participation is at your own risk.
- All Secure officers will be posted at critical points. Their control room number for this event is 046 004 0044. Ama Riders mountain bikers are also out to assist.
- Basic first aid will be available at the venue. Toilets are in the club, on both levels.
- If you are injured or cannot continue, attract another runner or the nearest marshal. For medical assistance call Gardmed Ambulance Services on 046 004 0044. Your digital race pass has a one-tap emergency call.
- In an emergency, follow the race officials. All Secure control room: 046 004 0044. Race director Antony Wannell: +27 (82) 651-3192.
- Please be courteous to other runners and walkers using the trails.
- Youngest age is 9 on race day. Children take part under the supervision and responsibility of a parent or guardian — on the course and at the club. We do not provide childcare or on-course supervision for minors. A guardian's contact details are required at registration.

Safety on the afternoon run

- A headlamp is not required. We expect the field to be finished before dusk.
- Wear comfortable trail shoes, and brightly coloured clothing where practical.
- Follow the marked route and marshal instructions.
- Keep left on single track where practical, call out when passing, and allow faster runners to pass safely.
- Stay aware of your surroundings.
- Carry your own water if you need it during the run.
- Attend the compulsory race briefing before the start.

This is a late-afternoon trail run, then a Christmas after party. Run responsibly, respect fellow runners, and have fun.

What to bring

- Comfortable trail running shoes.
- Your race pass on a charged phone. Please don't bring a laptop.
- A water bottle or hydration pack if you want a drink on the course.
- Something warm or dry if the afternoon turns, and whatever you want for the party afterwards.

At the club

- Park in the Albany Sports Club main parking area. Overflow parking is on Florence Street. The digital race pass includes a map link.
- Every entry includes one drink — a beer, a glass of wine, or a soft drink. Extra drinks are at the sports bar.
- Stay for the Christmas after party: music, a braai, and prize-giving.

Event etiquette

- Respect the trails and leave no trace.
- Encourage fellow runners.
- Thank the volunteers, marshals, and the club.
- Enjoy the after party — the run is the start of the evening, not the end of it.